## Claims:

- 1. A swing (1) with a frame (4) with four side elements (2) and four connecting elements (3) and a bearing surface (7) with a plurality of interwoven band elements (5), which band elements (5) have fastening elements (6) on their two end sections which fastening elements can be connected to the side elements.
- 2. The swing (1) according to Claim 1, in which the frame (4) is rectangular.
- 3. The swing (1) according to Claim 1, in which fastening elements (6) of the band elements (5) are loops for receiving the side elements.
- 4. The swing (1) according to Claim 3, in which the loops (6) are woven into the band elements (5).
- 5. The swing (1) according to Claim 1, in which the frame (4) has eight side elements (2) and eight connecting elements (3).
- 6. The swing (1) according to Claim 5, in which side elements (2) are tubes and in which at least one tube (2) is curved, forming a downwardly curved bearing surface (7).
- 7. The swing (1) according to Claims 1, in which the frame (4) of the swing (1) can be suspended on four fastening devices (8) on four connecting elements (3).
- 8. The swing (1) according to Claim 1, in which the connecting elements (3) are bent tube sections consisting of a lower (3b) and an upper (3a) half shell so that bordering side elements (2), whose outer diameters correspond to the inner diameters of the connecting

- elements (3), can be clamped between the upper (3a) and the lower (3b) half shell of a connecting element (3).
- 9. The swing (1) according to Claim 8, in which the fastening devices (8) comprise screw elements that function at the same time as a clamping device for the lower (3b) and the upper (3a) half shell of the connecting elements (3).
- 10. The swing (1) according to Claim 1, in which the connecting elements (3) and side elements (2) are manufactured from light metal, are weather-resistant and are surrounded with a damping material as a protection against bumps.
- 11. The swing (1) according to Claim 1, in which the swing (1) is assembled in that a fourth side element (2) is run through the loops of the band elements only after the attaching of the band elements (5) to three of the side elements (2) and the interweaving of the band elements (5).
- 12. The swing (1) according to Claim 1, in which the connecting elements are assembled after the attaching of the side elements (2) to the band elements (5) and after the weaving of the band elements (5).
- 13. The swing (1) according to Claim 1, in which the swing (1) can be suspended in the form of a single-point-, two-point or multi-point suspension.
- 14. The swing (1) according to Claim 1, in which the band elements (5) are connected by a contact means.

- 15. The swing (1) according to Claim 1, in which the connection between side elements and connecting elements is positive.
- 16. The swing (1) according to Claim 15, in which the side element is a tube that is widened out on its ends and the connecting element has a corresponding recess.
- 17. A frame (4) with four side elements (2) and four connecting elements (3) and a bearing surface (7) with a plurality of interwoven band elements (5), which band elements (5) have fastening elements (6) on their two end sections which fastening elements can be connected to the side elements (2).